Ludlow Council on Aging	37 Chestnut Street	Ludlow, MA 01056	(413) 583-3564
Name:		Phone:	
Address:			
Have you registered before? Y	Ves No M _	F Date of B	irth:
Emergency Contact Info:			
Name:	Relationship: _	Pho	one:
Class Info:			
If you have any special needs that would			
in a program, please inform the Activities Director at the time of registration.		n. Date Received:	
	a this program. I will participate	at my own risk. I also some to	

I understand that while I participate in this program, I will participate at my own risk. I also agree to and do hereby release and forever discharge the Town of Ludlow, it's officers, agents or employees from or in any manner arising out of injury or damage which I may sustain in the aforementioned programs. I further understand due to the potential health risks created through my participation it is my responsibility to seek medical advice prior to enrolling in any exercise class.

Signature of Participate

Date