### What is considered telehealth?

**Telehealth** is the use of digital information and communication technologies, such as computers and mobile devices, to access health care services remotely and manage your health care. These may be technologies you use from home or that your doctor uses to improve or support health care services.

Telehealth is a modern form of health care delivery. Telehealth breaks away from traditional health care delivery by using modern telecommunication systems including wireless communication methods.

"Medicare beneficiaries across the nation, no matter where they live, will now be able to receive a wide range of services via telehealth without ever having to leave home," said the Centers for Medicare and Medicaid Services. "And these services can also be provided in a variety of settings, including nursing homes, hospital outpatient departments, and more."

Medicare patients can now visit any doctor by phone or videoconference at no additional cost, including with commonly used services like FaceTime and Skype," Trump said during a White House press briefing. "A historic breakthrough — this has not been done before."

Medicare, the federal health insurer that provides care to individuals 65 or older and others with disabilities or long-term care needs, covers roughly 62 million Americans. The coronavirus and Covid-19, the respiratory disease it causes, often results in particularly severe symptoms for seniors and those with preexisting health conditions like heart or lung disease.

MassHealth members who want to use telehealth services should talk to their provider or call customer service at 1-800-841-2900 for additional information.

Our customer call center is also available 24 hours a day, seven days a week to ensure a TeleHealth expert is always available to answer your questions about our interactive patient education solutions.

- 24-7-365 call center
- Client Outcomes Management
- Comprehensive service contracts
- Regional support managers
- Technical support
- Full-time direct technicians

- 200+ verified subcontractor partners
- Nationwide service

TeleHealth Services is a nationwide provider of interactive patient care systems, all backed by our industry-leading service and support. Contact us today at 1-800-535-2459 to learn more.

#### **TeleHealth**

The Massachusetts General Hospital Center for TeleHealth enables community providers and Mass General clinicians to provide high-quality, coordinated care to patients and families through virtual technology including: phone, video, text, email, mobile applications and remote monitoring.

Monday – Friday 8:30 am – 5 pm MGHTeleHealth@partners.org

1-617-724-2654

# Here are some forms of TeleMedicine:

### **Teladoc**

When time is of the essence, Teladoc (<u>TDOC</u>) connects you to the medical advice you need. Patients can speak to a physician via the web, phone, or mobile app in less than ten minutes.

# **MyTelemedicine**

Named as one of the best entrepreneurial companies in America by Entrepreneur magazine's Entrepreneur 360<sup>TM</sup>, MyTelemedicine has emerged as a frontrunner in the industry. The platform allows patients to call or go online to schedule a consultation with a physician licensed in their state. A triage nurse takes note of their symptoms and updates the patient's electronic health record.

The patient consults with the physician, who recommends a treatment plan. There's no waiting in line at an urgent care facility or emergency room, and you don't have to miss work to get medical care. In terms of options, patients can speak to a physician, pediatrician, or even a behavioral therapist if needed.

### **CareClix**

Founded in 2010, CareClix coordinates with board-certified physicians around the world to provide a variety of telehealth services, including high-definition video examinations and remote consultations. CareClix also operates a provider care group, allowing physicians to offer their patients general and specialized services on demand around the clock.

#### **Doctor On Demand**

Doctor On Demand takes the house call virtual, making it possible for doctors and patients to connect via live <u>video conferences</u>. Doctors treat patients for a range of minor medical conditions, including sore throat, sports injuries, rashes, and flu symptoms.

# iCliniq

If you're looking for a virtual hospital while you're away from home, look no further than iCliniq. The company offers online access to thousands of doctors in a large number of specialties, and the platform caters specifically to expatriates and travelers.

\*Patients can consult physicians anytime, day or night, and pay a flat fee to get their health questions answered.\*

For a definition of TeleHealth, please see: https://en.wikipedia.org/wiki/Telehealth