June 2022 Lunch Menu

Ludlow Senior Center	nter (413) 583-3564		www.ludlow.ma.us Page 6	
Monday	Tuesday	Wednesday	Thursday	Friday
Lunch is served at Noon. Please be seated by 11:45am. We cannot guarantee your meal if you arrive late. Lunch is \$2. Please call a day ahead to make your lunch reservation(s). (Call Friday for Monday) No substitutions can be given. Please do not save seats ~ all are welcome!		1 Sausage Grinder Onions and Peppers French Fries	2 American Chop Suey	3 Baked Salmon Rice Pilaf Vegetable
6 Hot Dogs and Beans	7 Seafood Casserole White Rice Broccoli	8 Open Faced Turkey Sandwich Mashed Potatoes Green Beans	9 Asian Chicken Salad (contains almonds)	10 Pasta Primavera
13 Vegetable Frittata Roasted Potatoes	14 Reuban Casserole	15 Lazy Turkey Pot Pie	16 Taco Salad	17 Father's Day Lunch! Chicken Parmesan Over Pasta
20 CENTER CLOSED	21 Chef Salad	22 Fish and Chips Cole slaw	23 Birthday Lunch! Salisbury Steak Scalloped Potatoes Carrots	24 BLT Grinder Macaroni Salad
27 Chicken Patty Sandwich Tater Tots	28 Stuffed Cabbage Buttered Egg Noodles	29 Fruit Salad and Cottage Cheese Plate	30 Shrimp Scampi Vegetable	1 4th of July Lunch! Cowboy Burger Picnic Salads