

The regular meeting of the Board of Health was held on Tuesday, August 14, 2018. Timothy J. Fontaine, Chairman and Carolyn Rogowski, Member were present. Elinor Kelliher, M.D., Secretary was absent. The meeting was called to order at 4:06 p.m. by Mr. Fontaine.

Payroll schedules and bills including a Fred Pryor seminar – Making the Transition from Staff to Supervisor requested by Ms. Messer to attend and be taken out of her seminar allowance were signed as approved by Board members. Minutes of the July 24, 2018 meeting were read by Board members. Motion made by Ms. Rogowski to accept the July 24th minutes as written, with Mr. Fontaine seconding the motion.

The Board discussed dates for the September Board of Health meetings. Meetings have been scheduled for September 11, 2018 and September 24, 2018 at 4:00 p.m.

Septic variance submitted by Alternate Septic Inspector John Kopinsky for 77 Poole Street was reviewed and approved by Board members. The variance was for the use of a sieve analysis as a substitute for a perc test.

Director of Nurses, Cheryl Messer, BSN and Carrie Ribeiro, Human Resource Manager came in to meet with the Board to discuss concerns in the office regarding policies and procedures. The following was discussed:

1. Use of the per diem nurse and the need to watch the budget. The per diem nurse attended a recent health fair with the Director of Nurses. Prior practice has been to have the Director of Nurses attend the health fair and if needed a staff nurse would attend. Ms. Messer informed the Board that the per diem nurse was at the health fair for a few hours which had been planned a while ago and was in the office one day when one of the nurses was out. Ms. Messer feels even if she is in the office it is a safety issue to leave a nurse alone in the office and that is why she had her come in. Mr. Fontaine mentioned that we do have administrative staff in the office also. Ms. Messer will be mindful of when the per diem nurse is being used.
2. Nurse's staff meetings. Staff meetings are very important, but do not need to be posted, minutes should just be notes/takeaways and do not need a signature. Ms. Messer would like to have meetings 3 to 4 times per year. She gives the nursing staff an agenda to communicate what the meetings are about and does the minutes to reiterate everything that was discussed. Ms. Rogowski asked that the Board be aware of when meetings are held so a Board member can attend.
3. Leaving early when another nurse is leaving early. Ms. Messer was unaware this was occurring; may have happened one day coincidentally or for a seminar. Ms. Rogowski asked that the Board be made aware of when Ms. Messer is leaving early/taking time off. Ms. Messer informed the Board there is a white board in the office that she writes down monthly whenever someone is out of the office and has been doing this since February.
4. Going to another staff member in the building inquiring about policies in the Board of Health office. Any questions that cannot be answered by administrative staff should be directed to Board members.

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5. Micromanaging and taking a simple step back. Ms. Ribeiro indicated the need to be consistent and follow policies with all nursing staff.
6. L.A.T.O.S. II staff member will be reporting to the L.A.T.O.S. IV; still will be working with Ms. Messer on emergency preparedness.
7. Issues that arose while Ms. Messer was in Alabama for training. Multiple texts were received by Ms. Messer by staff members complaining about being intimidated. Board members did ask the staff if anyone was being intimidated at a prior staff meeting receiving a negative response. Ms. Ribeiro indicated if there is truly an issue Ms. Messer needs to help resolve it by following policy. Ms. Messer informed the Board she did address it, but staff member did not want to do anything about it. Ms. Rogowski inquired if she is still receiving texts. Ms. Messer informed Board members not as much, staff member still gets upset, but is adjusting.
8. Board members further discussed with Ms. Messer that they just wanted to fine tune some policies; that respect and communication is key. The nursing policies Ms. Messer has been working on will be held until Dr. Kelliher's return. A meeting has been scheduled with Director of Nurses, Cheryl Messer, BSN, Angela Kramer, RN and Carrie Ribeiro, Human Resource Manager for Tuesday, August 21, 2018 at 8:00 a.m. to discuss job performance.

Board members further discussed a complaint received regarding debris and odor behind 113 Center Street. Mr. Fontaine did inspect and there was minimal debris and no odor. Ms. Rogowski also went by and there was no odor.

Board members further discussed the complaint regarding a rooster at 162 Fuller Street. Homeowner had informed the office that they do not have a rooster. Ms. Rogowski also did not hear a rooster when she went by. Attempts have been made to reach the complainant to see if he still hears a rooster.

Board members further discussed a complaint received regarding a mess in the driveway and backyard, tall/overgrown bushes, high grass and animals at 49 Maple Street. Mr. Fontaine did drive by and the bushes are overgrown. A certified letter will be sent ordering the property be maintained within ten (10) business days.

Board members further discussed the complaint received regarding 241 Sewall Street. A certified letter was sent ordering removal of all debris and that the property be maintained within 10 (ten) business days. A phone call was received from the homeowner indicating cleanup has started, they are not quite finished and will need more time to complete. Mr. Fontaine will drive by.

Board members further discussed a complaint regarding 250 Winsor Street. A certified letter was sent ordering removal of all debris and that the property be maintained within (ten) 10 business days. Mr. Fontaine will contact the complainant.

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Board members further discussed the complaint regarding rats on Warsaw Avenue. Recent photographs were reviewed. Board members discussed the difficulty in knowing where the rats are coming from and recommended an exterminator/traps.

Board members discussed the remaining tobacco permits that have not been issued; EZ Shop Convenience, Chapin East Variety and Turnpike Liquors. A call was made to Sarah McColgan, Mass. Health Officers Association, Tobacco Control Program Director. EZ shop Convenience and Chapin East Variety have submitted all necessary documents except their retail license. Ms. McColgan indicated if they can show proof that they have applied for their retail permit that that would be sufficient. If proof cannot be provided, then they need to remove everything and stop selling. Turnpike Liquors has not turned in their application or any of the required documents. Ms. McColgan indicated that if they are not renewing their license then everything must be removed, and they are to stop selling. Tobacco should be removed off site; could be put in back room, but boxes must be sealed. Ms. McColgan also informed Board members that technically they could be fined every day for selling without a license.

The following questions/concerns were discussed with Board members:

1. Opening a microblading establishment in town. Microblading falls under the tattoo regulations. Would need an establishment permit as well as a practitioner permit. A copy of the tattoo regulations will be provided.
2. Condemning 58 Pleasant Street due to mold in house. House is being sold, is not being rented.
3. Vienna Avenue tall grass and unmaintained pool. Mr. Fontaine will drive by.
4. 214 Holyoke Street is almost ready for a reinspection; questions regarding mice removal and heat.
5. Festa inspections and mobile server permit for Johnny's Ice Cream Shoppe. Permit will be issued, and Health Inspector Andrew DaCruz will be asked to do inspections.

Correspondence from Jewell Environmental Corporation was reviewed by the Board informing them that a complete copy of the Permanent Solution Statement report package for the response to a release/threat of release of oil and/or hazardous material at I90W @ MM 57.8 is available.

Correspondence from Sovereign Consulting, Inc. was reviewed by Board members notifying them the report is available of the Permanent Solution Statement with No Conditions associated with a tractor trailer accident on Interstate 90 westbound at the Ludlow Service Plaza located at Mile Marker 55.7 on May 16, 2018.

Whitney Summer Program Recreational Camp Injury Report Forms were reviewed by Board members.

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Water test for Lot 211, Jared Drive was reviewed by Board members. Results indicated high levels in iron, manganese, chloride, total dissolved solids and turbidity. The Board is requesting a retest. Water test for Lot 26, Harvest Drive was reviewed and approved by Board members.

The following water samples taken from Haviland Pond reviewed by Board members were found to be safe for swimming:

- July 30, 2018 - 14 CFU's
- August 6, 2018 - 80 CFU's

Ludlow Community Center July 2018 pool reports were reviewed by Board members.

The following samples taken on July 2nd, July 8th and July 30th and submitted by Morrell Associates were reviewed by Board members:

- McDonald's #3174, Milepost 60, MA Turnpike East – Vanilla milk shake showed a Standard plate count/g of 2,900 and a Coliform/g count of 8; Vanilla ice cream showed a Standard plate count/g of 580 and a Coliform/g count of 4.
- Burger King #4224, 419 Center Street – Vanilla ice cream showed a Standard plate count/g of < 250 EPAC and a Coliform/g count of < 1 EHSCC.
- McDonald's #6099, 420 Center Street – Vanilla milk shake showed a Standard plate count/g of 12,000 and a Coliform/g count of < 1 EHSCC; Vanilla ice cream showed a Standard plate count/g of < 250 EPAC and a Coliform/g count of < 1 EHSCC.
- Randall's Farm dba Elsie's Creamery, 631 Center Street – Vanilla ice cream showed a Standard plate count/g of 260 and a Coliform/g count of < 1 EHSCC.
- Midwoods Dairy Barn, 329 West Street – Chocolate Ice Cream showed a Standard plate count/g of < 250 EPAC and a Coliform/g count of < 1 EHSCC.
- Uncle Bob's General Store, 967 East Street – Machine was down for the month of July.

Food Establishment Inspection Reports submitted by Health Inspector Tim Mendes were reviewed by Board members.

Water samples taken on May 14, 2018 from Westover Golf Course which is located on South Street in Granby and submitted by Microbac Laboratories were reviewed by Board members.

The following Food Recalls were reviewed by Board members:

- ADM Animal Nutrition Recalls Mintrate 36-15 Breed Right Cattle Tub – A specific lot of product may contain elevated levels of non-protein nitrogen, could harm cattle
- Flowers Foods Issues Voluntary Recall on Mrs. Freshley's and Other Brands of Swiss Rolls and Captain John Derst's Old Fashioned Bread

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- Pepperidge Farm Announces Voluntary Recall of Four Varieties of Goldfish Crackers
 - Kraft Heinz Voluntarily Recalls Taco Bell Salsa Con Queso Mild Cheese Dip Distributed to Retailers
 - AMPI Recalls Limited Amount of Dry Whey Powder Because of Possible Health Risk
 - TeaSource Issues Allergy Alert on Undeclared Almonds in Product
 - Ranier's Rx Laboratory Issues Voluntary Recall of All Sterile Compounded Products Within Expiry Due to Lack of Sterility Concerns
 - Lipari Foods Issues Voluntary Recall of Premo Brand & Fresh Grab Turkey & Swiss Submarine Sandwiches Due to Potential Contamination of Listeria Monocytogenes
 - AuroMedics Pharma LLC Issues Voluntary Nationwide Recall of Piperacillin and Tazobactam for Injection 3.375 grams per vial, Due to Presence of Particulates Identified as Glass and Silicone Material
 - Sweet Earth Foods Issues Allergy Alert for Undeclared Egg and Milk in Aloha BBQ Quesadillas Due to Mismatched Packaging
 - HP Hood LLC Recalls Select Units of Half-Gallon Refrigerated Vanilla Almond Breeze Almond Milk due to Possible Milk Allergen
 - Voluntary Recall of Hostess Cookies 'n Crème Brownies
 - G & C Raw, LLC Recalls Pat's Cat Turkey, and Ground Lamb Pet Food, because of Possible Listeria Monocytogenes Health Risk
 - Product Quest Manufacturing LLC Issues Voluntary Nationwide Recall of CVS Health 12 Hour Sinus Relief Nasal Mist Due to Microbiological Contamination
 - Camber Pharmaceuticals, Inc. Issues Voluntary Nationwide Recall of Valsartan Tablets, USP, 40mg, 80mg, 160mg and 320mg Due to The Detection of Trace Amounts of N-Nitrosodimethylamine (NDMA) Impurity, Found in an Active Pharmaceutical Ingredient (API)
 - World Organix, LLC Issues Voluntary Nationwide Recall of Blissful Remedies Red Maeng Da 100% Mitragyna Speciosa, Blissful Remedies Red Maeng Da Liquid Kratom Mitragyna Speciosa, Blissful Remedies 4 Hour Chill Slow Motion Blend, Due to High Microbial Loads Contamination

The following legal notice submitted by the Planning Board was reviewed and approved by Board members:

- Site plan regarding Mid America Properties, LLC, 14 Chestnut Place (Assessors' Map 13C, Parcel 54) and 58 Sewall Street (Assessors' Map 14B, Parcel 9-1) for the purpose of updating site plan to include existing conditions and minor proposed additions to improve traffic flow around building and improvements to the accessible parking spaces.

Special Permit granted by the Planning Board on Applicants Thomas & Kimberly Halgas, 148 Gamache Drive for an accessory apartment was reviewed by Board members.

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The following Notices of Casualty Loss to Buildings were reviewed by Board members:

- Anthony Decaro and Nancy Decaro, 292 Alden Street
- Michael Dutton, 505 Blisswood Village Drive
- Ronald Wisner, 356 East Street
- George Murray, 96 Fuller Street, Apt. 27
- Luis Joao, 447 State Street
- John Costa, 55 Dale Street

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Septic Pumping Reports submitted by Hampden Septic were reviewed by Board members.

August 7, 2018 NACCHO Connect (National Association of County and City Health Officials) was read by Board members.

Motion made by Ms. Rogowski to adjourn the meeting with Mr. Fontaine seconding the motion. All in favor 2-0.

Meeting adjourned at 6:20 p.m.

Respectfully submitted,



Timothy J. Fontaine
Chairman

TJF/sl