

Good evening this is Andrea Crete your Health Agent for the Ludlow Board of Health giving you a weekly update on COVID-19 in the community.

From January 4th to January 11th we have a total of 146 new Covid-19 cases. We are seeing a spike in cases due most likely in part to recent Holiday events. This means that some residents are continuing to take part in irresponsible social gatherings and thus continuing the spread of Covid-19 in the community.

Our message for prevention is still the same...

- Continue to practice social distancing of 6ft or more
- Reduce social gatherings to no more than 10 people inside and 25 people outside. This includes private property gatherings.
- Wear your mask when in the presence of people not living in your household and when you are out in public.
- Continue to practice hand hygiene by washing hands regularly

The Ludlow Board of Health does not have Covid-19 vaccine. And the vaccine is currently not available for the general public at this time. For the most up to date information regarding vaccination in Massachusetts please visit "mass.gov/covid-19-vaccine-in-massachusetts" for more information.

We do however still have flu vaccine available and it is not too late to get your flu shot!

And Thank you to all those who are doing your part to help prevent the spread of Covid 19.

Good night