

Good evening, this is Martha Seed your Public Health Program Coordinator for the Board of Health giving you a weekly update on Covid-19 in the community. From February 28th to March 6th we had a total of 48 new positive Covid-19 cases.

Vaccines are safe and are one of the best ways to protect yourself and those around you from getting sick from COVID-19.

Everyone in Phase 1, individuals age 75 and older, individuals age 65-74, individuals with 2+ certain medical conditions, & residents and staff of low income and affordable senior housing can get the COVID-19 vaccine now.

Even after you are vaccinated it is important to continue to stop the spread by protecting yourself and others. Continue to practice social distancing of 6ft; wear a face mask or covering when in public places and around others not in the same household as yourself; limit social gatherings; follow the States Travel Orders and isolate if you are sick.

With the opening of youth sports and activities it is important that if your child does not feel well that you refrain from having them participate until they are well. If symptoms are related to Covid19 please be responsible and have them tested.

To schedule your Covid19 vaccine please register for a clinic at www.mass.gov/covidvaccine

The VA of Central Western MA Healthcare system will be offering the Johnson and Johnson Covid19 vaccinations to VA enrolled Veterans of all ages on Tuesday March 16th at the Ludlow Lodge of Elks located on 69 Chapin Street in Ludlow. Vaccines will be administered by appt only from 9AM -12PM and walk-ins (while supplies last) from 1PM – 3PM. 150 doses have been made available for this clinic. Appts will be made starting March 10th. You must be enrolled in the VA healthcare system to receive this vaccine and bring your VA card or ID to the clinic. The number to call for an appt at this clinic is 413-582-3110. Please do not call prior to March 10th for an appt.

Veterans who need information about enrollment or how to enroll in the VA must call the Veteran's Office at 413-583-5600 x1290.

Thank You & Good night