

**ROBO CALL**  
**03.22.2021**

Good Evening this is Angela Kramer, Public Health Nurse for the Town of Ludlow. This week we had 41 positive COVID-19 cases from March 14-March 20. Currently we are seeing an increase in the age brackets of the 20-30 year old individuals, with mini cluster outbreaks. We can overcome the Virus if we all work together by following guidelines in place by practicing 6 foot distancing, reduce gatherings, and mask wearing. It is especially important now that the warmer weather is here, with College Spring Breaks the upcoming Easter Holiday and the current changes that Governor Baker has put into place effective today, March 22.

It will take several months to get a majority of individuals vaccinated and until then it is important to use all the tools available to protect ourselves and others by wearing a mask, practicing 6 foot distancing, washing your hands, etc.

We currently have 5,139 individuals who have received one dose of the vaccine and 3,009 individuals who are currently fully vaccinated. 39% of our elders age 75 and older have been vaccinated.

As a review, anyone who has been newly vaccinated or over their 2 week post vaccination for their vaccine, you are still required to wear your mask and practice the protocols currently in place. The vaccine is very safe and effective and we encourage everyone to schedule their vaccine by going on the website to preregister at [vaccinesignup.mass.gov](https://vaccinesignup.mass.gov) Once you do

this you will be put into a que, when your turn comes up for your age group you will be contacted to schedule your vaccine. In regards to the 3 variants the CDC and the state are closely monitoring these variants of concern. The variants have mutations that alter the characteristics causing the virus to act differently causing more severe disease, spreading more easily between humans, requiring different treatments. Together we can beat this by everyone doing their part to stay safe and following the guidelines in place. Any questions please contact the Board of Health at (413)583-5600 ext 1267

Thank you and have a good night.