

BOH ROBO CALL  
09.24.2021

Good Evening this is Angela Kramer, Board of Health Nurse with a weekly update of COVID-19. From September 12 to September 24 we had 122 positive COVID-19 cases. Of the 122 cases 49 cases were vaccinated and 73 cases were unvaccinated. During the month of September, we have consistently seen an increase in COVID-19 positive cases. This is primarily due to events, large social gatherings, sports and after school activities. We are asking everyone to take precautions at any event or social gathering they attend. If you are not feeling well, get tested and stay home. Although your symptoms may seem like a common cold or allergies you can still test positive for the virus. By not following the proper quarantine guidelines puts the entire community at risk for contracting the virus regardless of your vaccination status. The town currently has a mask advisory in place encouraging everyone to wear a mask in close settings and in public buildings regardless of your vaccination status.

As many individuals begin their personal travel, we suggest checking your destination prior to travel, discouraging personal travel to areas of significant COVID-19 transmission.

For Domestic Travel of Fully Vaccinated Individuals the CDC recommends to self-monitor for symptoms and wear a mask and take precautions. For unvaccinated individuals the CDC is requiring getting tested 3-5 days before travel and 3-5 days after travel and to self-quarantine for 7 days if tested and 10 days if not tested.

For International Travel all travelers are required to have a COVID-19 test 1-3 days prior to travel and 3-5 days after travel, self-monitor for symptoms and wear a mask and take precautions. Also follow the mandates set by the country you are traveling to. More information can be found at [cdc.gov/coronavirus](https://www.cdc.gov/coronavirus)

For a list of all available testing sites go to [mass.gov/covid-19 testing](https://www.mass.gov/covid-19-testing)

Please reach out the board of health with any questions at (413)583-5600 ext. 1272

Thank you and have a good night.