Good evening, this is Andrea Crete your Ludlow Board of Health Agent giving you a weekly update of COVID-19 for the Town of Ludlow.

From Friday December 4th to Friday December 11, 2020 we have a total of 154 confirmed cases of COVID 19. Included in this number for the community are confirmed cases which come from the Hampden County Correctional Facility.

The MA DPH incorporates any confirmed COVID-19 cases from this facility into the total number of confirmed cases for the Town when compiling data for their dashboard.

As many of you are aware our Governor has mandated that all of Massachusetts roll back to Phase 3 Step 1 of the reopening plan. Please be responsible and adhere to the States' Orders which include:

- 1. Limiting outdoor gatherings to no more than 50 people
- 2. When dining out you must wear your mask at all times except when eating or drinking... dine only with people who live in the same household as you... and limit your seating to 6 people or less.

Restaurants are now limiting the total dining time for each table to no more than 90 minutes.

- 3. If you work in an office setting, you are required to wear your mask when not in you own workspace and alone.
- 4. And if you go to a gym you must keep you mask on at all times even while working out.

These are some of the requirements set in place to reduce the spread of COVID 19 transmission. We urge you all as responsible citizens of Ludlow to follow these requirements. Whether Ludlow stays in the "high risk" category is up to you as citizens and businesses.

For more information on Phase 3 Step 1 please visit www.mass.gov/reopening

Now..a special note from our Town's Veterans' Agent: "Due to the upcoming snow storm, wreath laying at Island Pond Cemetery dates have changed: Family members will be allowed to place a wreath on Friday December 18th from 10Am – 2PM. Stop by the Building located at the cemetery, and a volunteer will hand you

a wreath for your loved ones' grave. Select groups will finish the cemetery on Saturday.

Thank you